



COVID-19 related absence from nursery – a guide for parents

What should I do if...?	Action needed
<p>My child is feeling ill with COVID-19 symptoms of:</p> <ul style="list-style-type: none"> • a high temperature – this means your child feels hot to touch on their chest or back • a new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours • a loss or change to your sense of smell or taste – this means your child cannot smell or taste anything, or things smell or taste different to normal. <p>Most children with COVID-19 have at least one of these symptoms.</p>	<p>DO NOT SEND YOUR CHILD TO NURSERY AND NOTIFY US</p> <p>The whole household must self-isolate. Your child will need to isolate from the day symptoms started and for at least the next 10 full days or later if a fever persists – please don't return until there has been no fever for 48 hours; the rest of the household should isolate for 10 days.</p> <p>You should book a test for your child as soon as possible (the test needs to take place within five days maximum of the onset of symptoms) via the government's website www.gov.uk/get-coronavirus-test or by phoning 119.</p> <p>Only the person with symptoms should be tested and there is no need for others in the household to have a test, unless they also have any of the symptoms mentioned.</p> <p>Please tell ACE immediately about your child's symptoms, that you are booking a test and the result of the test.</p> <p>Do not send your child to nursery while you are waiting for the results of the test, even if his/her symptoms have improved.</p>
<p>My child is feeling ill with other symptoms such as a sore throat, runny nose or a headache.</p>	<p>You should act in the same way as you would have done before the pandemic. This may involve sending your child to nursery or keeping them at home, depending on the nature and severity of the symptoms. Seek medical advice via your GP or NHS direct on 111 if you would normally do so.</p> <p>If your child has sickness or diarrhoea they should not return to nursery until 48 hours after the last bout of this, as is normal policy.</p> <p>Please notify us when your child is staying at home, as well as their symptoms, so we can keep track of illnesses.</p>
<p>Someone in my household has COVID-19 symptoms</p>	<p>DO NOT SEND YOUR CHILD TO NURSERY AND NOTIFY US</p> <p>The whole household must self-isolate and the person with symptoms should book a test via the government's website www.gov.uk/get-coronavirus-test or by phoning 119.</p>
<p>Someone in my household tests positive for COVID-19</p>	<p>DO NOT SEND YOUR CHILD TO NURSERY AND NOTIFY US</p> <p>The whole household should isolate for at least 10 days. The person who has tested positive must isolate for at least</p>



15th December 2020

	<p>10 days from the start of symptoms and until there is no fever for 48 hours. Engage with the Track and Trace process.</p>
Someone in my household tests negative for COVID-19	Your child can return to nursery if they have been well for 48 hours and no one in the household or support bubble has any further COVID-19 symptoms.
My child tests positive for COVID-19	<p>DO NOT SEND YOUR CHILD TO NURSERY AND NOTIFY US</p> <p>Your child must isolate on the day symptoms started (or the day they were tested if asymptomatic) and for at least the next 10 full days or later if a fever persists – please don't return until there had been no fever for 48 hours. The rest of the household should isolate for 10 days.</p> <p>ACE informs the Department for Education/Cambridgeshire County Council, who will identify next steps for the nursery.</p>
My child tests negative for COVID-19	Your child can return to nursery once they have been well for 48 hours and no one in the household or support bubble has any COVID-19 symptoms
Another child or staff member at ACE Day Nursery shows symptoms of COVID-19 and subsequently tests positive	All other children/staff continue to attend nursery until the test result is known. When a positive result is received, parents will be informed and ACE contacts the Department for Education who will decide what action is needed based on the latest public health advice. Ofsted is also informed.
The family member of an ACE child is told to self-isolate by Track and Trace or the NHS COVID-19 app.	The family member should self-isolate for 10 days from when they were last in contact with the person who tested positive. Try to avoid contact with the family member as much as possible. The rest of the household does not need to self-isolate if the person who is self-isolating does not have symptoms. If the family member who is self-isolating develops symptoms, they should get tested. All other household members must isolate until the family member has been tested and received his/her result. If positive, the family member must continue self-isolating for 10 full days from the day after the one on which symptoms started. Anyone else in the family must self-isolate for 10 full days from when the day after the one the family member developed symptoms.
My child has travelled abroad	<p>On returning, he/she may need to self-isolate for 10 days in line with quarantine advice, depending on where you have been. Check the latest information on travel corridors at www.gov.uk/guidance/coronavirus-covid-19-travel-corridors</p> <p>DO NOT SEND YOUR CHILD TO NURSERY IF THEY NEED TO SELF-ISOLATE AFTER TRAVELLING ABROAD</p>

Please notify us of illness and test results by email at contact@acedaynursery.org.uk at any time or by telephone between 9.00am and 5.00pm Monday to Friday on 01223 366 355. If you receive test results over the weekend, please email them to us as we will pick up email messages (not telephone messages) at the weekend. In the case of a positive result, we need to contact the Department for Education to discuss the action to take before Monday morning.

Please also consult the NHS and gov.uk websites for up-to-date guidance.