

ACE Day Nursery Vegetarian Food Menu

Week 2: 1st September – 23rd December 2020

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>Lunch: 12pm</u></p> <ul style="list-style-type: none"> -Falafels in tomato sauce -Wholemeal couscous -Baby corn <ul style="list-style-type: none"> -Apple and sultana bread and butter pudding 	<p><u>Lunch: 12pm</u></p> <ul style="list-style-type: none"> -Cheesy lentil shepherd's pie -Sprouts <ul style="list-style-type: none"> -Fresh oranges in semolina 	<p><u>Lunch: 12pm</u></p> <ul style="list-style-type: none"> -Classic Italian quorn lasagne -Garlic bread -Baby corn <ul style="list-style-type: none"> -Melon and pear slices 	<p><u>Lunch: 12pm</u></p> <ul style="list-style-type: none"> -Vegetable and bean stew with dumplings -Mashed potato <ul style="list-style-type: none"> -Plum and blackberry crumble 	<p><u>Lunch: 12pm</u></p> <ul style="list-style-type: none"> -Quorn and mushroom stroganoff -Wholemeal rice -Peas <ul style="list-style-type: none"> -Peaches and custard
<p><u>High Tea: 3.30pm</u></p> <ul style="list-style-type: none"> -Potato cakes -Sliced boiled egg -Cucumber slices <ul style="list-style-type: none"> -Pineapple slices 	<p><u>High Tea: 3.30pm</u></p> <ul style="list-style-type: none"> -Tomato and bean soup -Baguette <ul style="list-style-type: none"> -Raspberries 	<p><u>High Tea: 3.30pm</u></p> <ul style="list-style-type: none"> -Buttered crumpets -Houmous -Carrot ribbons <ul style="list-style-type: none"> -Banana 	<p><u>High Tea: 3.30pm</u></p> <ul style="list-style-type: none"> -Cheesy pitta bread -Tomato slices <ul style="list-style-type: none"> -Satsuma 	<p><u>High Tea: 3.30pm</u></p> <ul style="list-style-type: none"> -Vegetarian sausage and bean pasta -Thin pepper sticks <ul style="list-style-type: none"> -Natural yoghurt

Morning snack is available from **9.30am**. The children have a choice of fresh fruit and vegetables along with a selection of crackers and breads. The children often help us to set the menu and we aim to provide dishes from around the world.

Sharon, our cook, will adapt the menu for children with specific dietary requirements. We do not add sugar to any of our dishes; maple syrup or honey is sometimes added.