



Nut Free Policy

ACE is a nut free nursery. This means **no food** products containing nuts are brought into the building as a precautionary measure to those with a known nut allergy (children and adults) and also for those who are not aware of having an allergy to nuts.

We realise many foods are labelled as having **'traces of nut'** or **'cannot guarantee nut free'** which are very difficult to avoid. We speak to parents/carers of individual children with a nut allergy and establish the severity and complete a 'procedures and protocol' form.

To reduce the risk of an allergic reaction taking place the nursery will:

- ✿ Make sure cooking ingredients do not include or contain nuts
- ✿ Check that children's lunches are nut free and any packets which state 'may contain nuts' are left unopened and sent home with a letter reminding parents of our nut free status.
- ✿ Make sure food we provide for snack times are nut free – a member of staff checks labels before storing them away.
- ✿ Inform prospective parents of our nut free status reiterate from time to time in newsletters and weekly updates.
- ✿ Place a copy of the policy on our website
- ✿ Ensure staff do not bring food containing nuts into the nursery

Parents and carers are asked:

- ✿ If bringing a cake, biscuits or cookies into the nursery for a celebration, they need to ensure they do not contain nuts, or traces of nuts. A teacher will check ingredients at the door before bringing the cake into the building. If parents or carers bake their own cakes, a list of ingredients is requested before the cake is consumed.
- ✿ If giving a present to members of staff; please make them nut free.

Policy adopted: Spring term 2023

Review date: Spring term 2024

Signed: *Lisa Tuohy*

Position: Headteacher

Signed: Hanna Ochalik-Baca

Position: Day Nursery Manager