



Sun Protection Policy

The sun's rays are particularly strong over the summer and as they can damage your children's skin, we follow these simple steps to help safeguard the children whilst they are in our care:

We ask all parents/carers to:

- ❖ Complete and return the permission slip below allowing us to re-apply sun cream during the day as necessary, or notifying us how they would like us to manage their child's sun protection whilst at ACE.
- ❖ Apply sun cream to their child before arriving at ACE.
- ❖ Bring in a named sun hat and sunglasses.
- ❖ If you wish us to use *your* sun cream, bring in a named bottle which can be left at the nursery and give it to a member of staff.*
- ❖ We recommend you dress your children in loose fitting clothing which protects their shoulders.
- ❖ We ask that children do not wear flip-flops as we feel they are unsuitable footwear for the numerous stairs the children use every session, as well as for the outside climbing and ride-on equipment.

ACE staff will:

- ❖ Ensure drinking water is freely available throughout the day, both in the classrooms and in the garden – the staff will actively encourage the children to keep hydrated.
- ❖ Re-apply sun cream (either the child's own, or the nursery sun cream which is Soltan, SPF 50 for sensitive skin) prior to outside play. This will be done by a qualified and DBS checked member of staff.
- ❖ Nursery sun cream will be freely available in the Parents' Room for parents/carers to use if they have forgotten to apply at home.
- ❖ Ensure children wear sun hats; either their own, or one of ours when playing outside.
- ❖ Provide shaded areas for outside play.
- ❖ Alter times for outside play so children are not outside during the hottest part of the day.
- ❖ Help keep the nursery as cool as possible and using ventilation, fans (if necessary) and drawing the curtains against the strong sun.

Staff welfare in the sun:

- ❖ ACE will provide high factor sun cream for staff to apply as they wish.
- ❖ ACE will provide sun hats for all staff (staff can bring in their own from home if they wish).
- ❖ ACE has a cold water dispenser and all staff are encouraged to drink plenty of fluids, especially when the weather is hot.
- ❖ The alterations to the routine will ensure staff are not outside during the hottest part of the day.

Heat wave procedure (Linked to Emergency Closure policy):

OUTDOORS:

- ❖ On days with temperatures higher than 30 degrees children will not take part in vigorous physical activity.

- ❖ Children outside will be in the shade as much as possible and time outside will be reduced.
- ❖ Loose, light-coloured clothing will be encouraged to be worn along with sun hats.
- ❖ Sun cream will be regularly applied.
- ❖ Plenty of cool water to drink will be available at all times and children will be actively encouraged to keep hydrated.
- ❖ Lots of water play will be available in shaded areas as well as in the art room.

INSIDE:

- ❖ Windows will be opened first thing in the morning to allow the stored heat of the night to escape from the building.
- ❖ Blinds and curtains will be drawn and electric lights will be used as little as possible.
- ❖ Electrical equipment not in use will be switched off.

Unwell children (or staff):

ACE will be alert for any signs of heat stress and act promptly to prevent heatstroke. If anyone is suspected of being unwell due to the heat we will:

- ❖ Contact the legal guardian/parent if a child (in the case of a member of staff their partner will be contacted).
- ❖ Move the person to the coolest room in the nursery, with a member of staff giving constant care.
- ❖ If required - sponge the person with cool (not cold) water and place cold packs around the neck and in the armpits.
- ❖ Place the person near a fan until they are collected.

If anyone shows signs of confusion, we will follow the steps above. If they lose consciousness, they will be placed in the recovery position. **In both cases, we will call 999 for emergency medical assistance.**

Policy adopted in conjunction with ACE Parents' Committee: February 2020

Signed on behalf of ACE Nursery School: *Lisa Tuohy* Headteacher

* The staff will compile a list of children who have their own sun cream.

Please complete and return:

Name of child: _____

I give permission for ACE staff to re-apply Soltan SPF 50 sun cream whilst at nursery as required

YES NO

I give permission for ACE staff to re-apply the sun cream I have brought in from home with my child's name on it as required.

YES NO

I **do not** give permission for either of the above and intend to manage my child's sun protection by (please give details):

Signed by parent/carer:

Date: