

There are a huge number of resources to ensure both families and practitioners are well supported. We hope that this list will give you some ideas and resources that you can use at this challenging time.

We will update this list regularly, so please keep checking!

[50 Things to do before you're five - Learn Together \(cambslearntogether.co.uk\)](https://www.cambslearntogether.co.uk/50-things-to-do-before-youre-five)

50 things to do before you're five gives you 50 fantastic activities that parents and carers can experience with their children in Cambridgeshire and Peterborough. They are low-cost or no-cost and include indoor, outdoor, seasonal and home based activities that are fun and focus on language development. The app is free.

<https://hungrylittleminds.campaign.gov.uk/>

Lots of great ideas to help engage with children at home and chat, play & read together. The activities are in age groups from 0-5 years and there is also a list of quality approved apps that support language and communication development.

[Words for Life | National Literacy Trust | Words for Life](#)

Tips and activities to help with chatting, reading, writing and listening at home from the National Literacy Trust.

[National Literacy Trust Virtual School Library | Words for Life](#)

Every week a popular children's author or illustrator will provide books, videos and recommended reads in the NLT virtual school library.

<https://www.scouts.org.uk/the-great-indoors/>

Here are some ideas for fun and engaging indoor activities from the Scouts.

<https://www.nationaltrust.org.uk/lists/50-things-activities-to-do-in-your-back-garden>

50 things for embracing nature in your garden from the National Trust.

<https://www.playscotland.org/parents-families/playful-families-library/>

Free to download Messy Play and Loose Parts Play booklets from Play Scotland.

<https://www.bbc.co.uk/cbeebies/grownups/7-tips-for-gardening-with-children>

<https://www.gardenersworld.com/how-to/grow-plants/10-gardening-projects-for-kids/>

Both these websites have good ideas for gardening with children.

[65 things to do outside | Groundwork](#)

65 things to do outside – lots of activities to do at home from Groundwork East.

<https://www.rspb.org.uk/fun-and-learning/for-kids/>

Lots of games and activities from the RSPB

<https://www.playfulchildhoods.wales/ideas-for-play-things-to-do>

30 ideas for indoor play from Playful childhoods that are fun and cheap to do using things you have around the house.

<https://www.youtube.com/user/CosmicKidsYoga>

Yoga, mindfulness and relaxation for children age 3+

[Home Learning | White Rose Maths](#)

Home Learning Resources from White Rose Maths

[Primary PE Activities | Youth Sport Trust](#)

Lots of videos and activity cards to support planning and share with families.

[The Body Coach TV - YouTube](#)

Joe Wickes, The Body Coach, will be leading the nation in a live 30 minute PE lesson every Monday, Wednesday and Friday at 9.00am.

<https://www.familydaystriedandtested.com/free-virtual-tours-of-world-museums-educational-sites-galleries-for-children/>

There are many virtual tours of museums and galleries around the world that you can access for free.

[Learning Resources | ZSL London and Whipsnade Zoos](#)

Learning Resources from London Zoo

<https://www.thinkuknow.co.uk/parents/jessie-and-friends/>

Online safety education for families at home

<https://www.tts-group.co.uk/home+learning+activities.html>

Free home learning activity books that can be downloaded for EYFS, key stage one and key stage two.

[FREE Julia Donaldson and Axel Scheffler Home Learning Packs - Scholastic](#)

Free learning packs for Julia Donaldson and Axel Scheffler books from Scholastic.

[Free Issue of First News During School Closures | First News](#)

First News digital subscription is free during school closures.

Apps and websites to use at home:

50 things to do before you're 5 – low cost and no cost experiences for families and children to do together, now local to Cambridgeshire and Peterborough

CBeebies Storytime – interactive books and bedtime stories

CBeebies Playtime Island – fun and educational games

Teach your Monster to Read – phonics and reading for 3-5s

Explaining Coronavirus to young children:

<https://www.twinkl.co.uk/resource/dr-dog-ebook-eyfs-t-p-843>

An Ebook for children illustrated by Lydia Monks and written by Professor James Logan from the London School of Hygiene and Tropical Medicine.

<https://nosycrow.com/blog/released-today-free-information-book-explaining-coronavirus-children-illustrated-gruffalo-illustrator-axel-scheffler/>

A book for 5-7 year olds about Coronavirus illustrated by Axel Scheffler.

[How to talk to children about coronavirus \(ican.org.uk\)](https://www.ican.org.uk/how-to-talk-to-children-about-coronavirus)

Recommendations from ICan when talking about Coronavirus with children.

<https://www.youtube.com/watch?v=9OS8vbjr2-Q&feature=youtu.be>

Coronavirus explained using Makaton by Ineque Safeguarding Group SEND adviser Holly Rankin

<https://www.ineque.com/2020/03/20/animation-story-book-explains-the-coronavirus-to-children/>

Animation and storybook explaining Coronavirus to children from Ineque Safeguarding Group

[Sue Allingham: How to explain the coronavirus to young children | Family](#)

A blog from Sue Allingham explaining Coronavirus to children.