

ACE Day Nursery Vegetarian Food Menu

Summer Term - Week 1 - 6th April – 17th August 2021

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Lunch: 12pm</u>	<u>Lunch: 12pm</u>	<u>Lunch: 12pm</u>	<u>Lunch: 12pm</u>	<u>Lunch: 12pm</u>
<ul style="list-style-type: none"> -Quorn sausages -Spring onion mashed potato -Peas and sweetcorn -Natural yoghurt with banana 	<ul style="list-style-type: none"> -Spinach and lentil curry -Mixed vegetable wholemeal rice -Naan bread -Blueberry crumble with coconut flake topping Made by the children with Sharon 	<ul style="list-style-type: none"> -Cheese, bean & asparagus tart -Baby potatoes -Carrots -Peaches and custard 	<ul style="list-style-type: none"> -Homemade falafels -Ratatouille -Couscous -Ice cream with strawberries 	<ul style="list-style-type: none"> -Quorn shepherd's pie -Broccoli -Baby corn -Cherry rice pudding
<u>High Tea: 4.00pm</u>	<u>High Tea: 4.00pm</u>	<u>High Tea: 4.00pm</u>	<u>High Tea: 4.00pm</u>	<u>High Tea: 4.00pm</u>
<ul style="list-style-type: none"> -Bagel -Houmous -Cucumber slices -Satsumas 	<ul style="list-style-type: none"> -Egg and cress sandwiches -Pepper sticks -Apple slices 	<ul style="list-style-type: none"> -Baked beans -Buttered toasted fingers -Melon slices 	<ul style="list-style-type: none"> -Marmite spread -Crumpets -Avocado slices -Grapes 	<ul style="list-style-type: none"> -Crackers -Cheese -Tomato slices -Banana loaf Made by the children with staff

Morning snack is available from **9.30am**. The children have a choice of fresh fruit and vegetables along with a selection of crackers and breads. The children often help us to set the menu and we aim to provide dishes from around the world.

Sharon, our cook, will adapt the menu for children with specific dietary requirements. We do not add sugar to any of our dishes; maple syrup or honey is sometimes added.