

ACE Day Nursery Vegetarian Food Menu

Summer Term - Week 2 - 6th April – 17th August 2021

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Lunch: 12pm</u>	<u>Lunch: 12pm</u>	<u>Lunch: 12pm</u>	<u>Lunch: 12pm</u>	<u>Lunch: 12pm</u>
<ul style="list-style-type: none"> -Lentil bolognese -Wholemeal spaghetti -Broccoli -Summer berries fruit salad 	<ul style="list-style-type: none"> -Quorn & bean crumble -Roasted vegetables -Semolina with rhubarb 	<ul style="list-style-type: none"> -Mixed bean chilli -Couscous -Sweetcorn & red peppers -Apricot rice pudding 	<ul style="list-style-type: none"> -Polish Golabki – Quorn mince with rice, wrapped in cabbage with a tomato sauce -Boiled baby potatoes -Cherry Greek yoghurt 	<ul style="list-style-type: none"> -Vegetable fingers -Sweet potato wedges -Tomato slices -Gooseberry coconut crumble Made by the children with staff
<u>High Tea: 4.00pm</u>	<u>High Tea: 4.00pm</u>	<u>High Tea: 4.00pm</u>	<u>High Tea: 4.00pm</u>	<u>High Tea: 4.00pm</u>
<ul style="list-style-type: none"> -Quorn ham rolls -Tomato slices -Natural yoghurt -Kiwi 	<ul style="list-style-type: none"> -Summer pasta -Blueberry loaf Made by the children with staff 	<ul style="list-style-type: none"> -Cheese & chive scones -Tomato slices -Grapes 	<ul style="list-style-type: none"> -Polish bread -Boiled eggs -Beetroot -Watermelon slices 	<ul style="list-style-type: none"> -Pitta bread -Houmous -Cucumber slices -Pineapple slices

Morning snack is available from **9.30am**. The children have a choice of fresh fruit and vegetables along with a selection of crackers and breads. The children often help us to set the menu and we aim to provide dishes from around the world.

Sharon, our cook, will adapt the menu for children with specific dietary requirements. We do not add sugar to any of our dishes; maple syrup or honey is sometimes added.