

ACE Day Nursery Vegetarian Food Menu

Summer Term - Week 3 - 6th April – 17th August 2021

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Lunch: 12pm</u>	<u>Lunch: 12pm</u>	<u>Lunch: 12pm</u>	<u>Lunch: 12pm</u>	<u>Lunch: 12pm</u>
<ul style="list-style-type: none"> -Quorn mince balls -Moroccan couscous with chickpeas -Pepper sticks -Coconut rice pudding with kiwi 	<ul style="list-style-type: none"> -Quorn vegetable chow mein -Noodles -Fruit Salad Made by the children with staff 	<ul style="list-style-type: none"> - Jacket potato filled with grated cheese and spring onions -Ratatouille -Lemon semolina with blueberries 	<ul style="list-style-type: none"> -Macaroni cheese with mixed beans -Peas and sweetcorn -Summer fruit crumble 	<ul style="list-style-type: none"> -Vegetable chickpea curry -Wholemeal boiled rice - Naan bread -Nectarines with custard
<u>High Tea: 4.00pm</u>	<u>High Tea: 4.00pm</u>	<u>High Tea: 4.00pm</u>	<u>High Tea: 4.00pm</u>	<u>High Tea: 4.00pm</u>
<ul style="list-style-type: none"> -Pitta bread -Cream cheese -Cucumber slices -Strawberries 	<ul style="list-style-type: none"> -Quorn wraps -Pepper sticks -Pear slices 	<ul style="list-style-type: none"> -Cheese and rocket pasta salad -Watermelon slices 	<ul style="list-style-type: none"> -Boiled egg -Mixed vegetable sticks -Rice cake -Cherry and apple fruit loaf 	<ul style="list-style-type: none"> -Roasted peppers and houmous bagels -Soft carrots sticks -Bananas

Morning snack is available from **9.30am**. The children have a choice of fresh fruit and vegetables along with a selection of crackers and breads. The children often help us to set the menu and we aim to provide dishes from around the world.

Sharon, our cook, will adapt the menu for children with specific dietary requirements. We do not add sugar to any of our dishes; maple syrup or honey is sometimes added.